

# Growing Golf Adult Coaching Programme



Details	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	BESPOKE SESSIONS
<b>9.30am - 10.30am</b>	<b>Hit 'N Mix Roll-Up</b>	<b>Hit 'N Mix Roll-Up</b>	<b>Hit 'N Mix Roll-Up</b>	<b>Hit 'N Mix Roll-Up</b>	<b>Ladies Roll-Up</b>	<b>Hit 'N Mix Roll-Up</b>	<b>Golf Express</b>
Coach	Nicky Way	Paul Dunton	Paul Dunton	Paul Dunton	Paul Dunton	Julian Reason	Julian Reason
Contact	07753 821371	07786 547265	07786 547265	07786 547265	07786 547265	07771 736422	07771 736422
Spaces	8 spaces only	8 spaces only	8 spaces only	8 spaces only	8 spaces only	8 spaces only	6 spaces only
Booking	Contact Nicky to book	Contact Paul to book	Contact Paul to book	Contact Paul to book	Contact Paul to book	Contact Julian to book	Contact Julian to book
<b>10.45am - 11.45am</b>	<b>Hit 'N Mix Roll-Up</b>	<b>Hit 'N Mix Roll-Up</b>		<b>Hit 'N Mix Roll-Up</b>	<b>Ladies Roll-Up</b>		<b>Swing By Numbers</b>
Coach	Nicky Way	Paul Dunton		Paul Dunton	Paul Dunton		Julian Reason
Contact	07753 821371	07786 547265		07786 547265	07786 547265		07771 736422
Spaces	8 spaces only	8 spaces only		8 spaces only	8 spaces only		6 spaces only
Booking	Contact Nicky to book	Contact Paul to book		Contact Paul to book	Contact Paul to book		Contact Julian to book
<b>6pm - 7pm</b>		<b>Break 100 Club</b>		<b>Short Game Series</b>			
Coach		Nick Brown		Mark Peddar			
Contact		07905 359039		07858 429397			
Spaces		8 spaces only		8 spaces only			
Booking		Contact Nick to book		Contact Mark to book			

## Hit 'N Mix Roll-Up

Held every day during the week, our Hit 'N Mix roll-up groups provide the perfect blend of tuition and practice.



Hosted by one of our experienced golf professionals, these sessions are open to men and women of all abilities who are looking to improve their game while socialising with others. Range balls, equipment (if required) and tea/coffee afterwards is included in the price!

## Ladies Roll-Up

Fun, friendly and professional group coaching that will benefit all abilities! Each week will cover a different aspect of the game including long game, pitching, chipping, putting, and game management.



Please contact Paul Dunton to book a space with a fantastic group of ladies. Range balls, equipment (if required) and tea/coffee afterwards is included in the price!

Contact Golf Professional **Paul Dunton:**  
[paul@paulduntonandguests.com](mailto:paul@paulduntonandguests.com) /  
 07786 547265

## Break 100 Club

This programme is for beginner and intermediate players who either have a club handicap or are looking to gain one soon. The sessions will include video analysis, irons, driving, pitching and short game drills, as well as on-course management and decision-making. This session will help you consistently score below 100!



Contact PGA Professional **Nick Brown:**  
[nick.brown@growinggolf.co.uk](mailto:nick.brown@growinggolf.co.uk) /  
 07905 359039

## Short Game Series

The short game holds the key to better scores – say goodbye to wasted shots and hello to more consistent scoring!



PGA Professional Mark Peddar will take members of this group through a series of short game sessions that include escaping the bunker first time, controlling your distances, striking your chips, and lowering your putting stats. This roll-up group will involve practice on the range and golf course.

Range balls, equipment (if required) and tea/coffee afterwards is included in the price!

Contact PGA Professional **Mark Peddar:**  
[mark.peddar@growinggolf.co.uk](mailto:mark.peddar@growinggolf.co.uk) / 07858 429397

## Golf Express

Why not play golf, have fun and enjoy some on-course experience – all in one day! PGA Professional Julian Reason is hosting a number of Golf Express days which will include PGA tuition, unlimited practise balls, hire of clubs if required, video analysis, trackman data, and green fees. Limited to a maximum of 6 people.



Contact PGA Professional **Julian Reason** for price and more information at:  
[julian.reason@growinggolf.co.uk](mailto:julian.reason@growinggolf.co.uk) /  
 07771 736422

## Swing By Numbers

Come and enjoy a session on Trackman Technology! Julian's session will give you the tools to jump ahead - helping you to increase your distance, understand your golf swing, and track how far you hit your clubs! Trackman Technology includes ground-breaking club and ball tracking golf radar systems and the best performance-enhancing software available in the industry today. This 3-hour session is limited to a maximum of 6 people.



Contact PGA Professional **Julian Reason** for price and more information at:  
[julian.reason@growinggolf.co.uk](mailto:julian.reason@growinggolf.co.uk) / 07771 736422