

Growing Golf Adult Coaching Programme



Details	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	BESPOKE SESSIONS
9.30am - 10.30am	Hit 'N Mix Roll-Up	Hit 'N Mix Roll-Up	Hit 'N Mix Roll-Up	Hit 'N Mix Roll-Up	Ladies Roll-Up	Hit 'N Mix Roll-Up	Golf Express
Coach	Nicky Way	Paul Dunton	Paul Dunton	Paul Dunton	Paul Dunton	Julian Reason	Julian Reason
Contact	07753 821371	07786 547265	07786 547265	07786 547265	07786 547265	07771 736422	07771 736422
Spaces	8 spaces approx	8 spaces approx	8 spaces approx	8 spaces approx	8 spaces approx	8 spaces approx	8 spaces only
Cost	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£99.00 (10am - 4pm)
Booking	No booking required	No booking required	No booking required	No booking required	No booking required	No booking required	Contact Julian to book
10.45am - 11.45am	Hit 'N Mix Roll-Up	Hit 'N Mix Roll-Up	Hit 'N Mix Roll-Up	Hit 'N Mix Roll-Up	Ladies Roll-Up		Swing By Numbers
Coach	Nicky Way	Paul Dunton	Paul Dunton	Paul Dunton	Paul Dunton		Julian Reason
Contact	07753 821371	07786 547265	07786 547265	07786 547265	07786 547265		07771 736422
Spaces	8 spaces approx	8 spaces approx	8 spaces approx	8 spaces approx	8 spaces approx		6 spaces only
Cost	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)		£25.00 (2-hour session)
Booking	No booking required	No booking required	No booking required	No booking required	No booking required		Contact Julian to book
6pm - 7pm		Break 100 Club	Hit 'N Mix Roll-Up	Short Game Series			
Coach		Nick Brown	Jack Ryan	Mark Peddar			
Contact		07905 359039	07519 614525	07858 429397			
Spaces		8 spaces only	8 spaces approx.	8 spaces approx			
Cost		£15.00 (inc. green fee)	£12.00 (inc. tea/coffee)	£12.00 (inc. tea/coffee)			
Booking		Contact Nick to book	No booking required	Contact Mark to book			

Hit 'N Mix Roll-Up

Held every day during the week, our Hit 'N Mix roll-up groups provide the perfect blend of tuition and practice. Hosted by one of our experienced golf professionals, these sessions are open to men and women of all abilities who are looking to improve their game while socialising with others. Range balls, equipment (if required) and tea/coffee afterwards is included in the price!



Ladies Roll-Up

Fun, friendly and professional group coaching that will benefit all abilities! Each week will cover a different aspect of the game including long game, pitching, chipping, putting, and game management. As the name suggests there's no need to book, just roll-up at the start time to enjoy the session with a fantastic group of ladies. Range balls, equipment (if required) and tea/coffee afterwards is included in the price!



Break 100 Club

This programme is for beginner and intermediate players who either have a club handicap or are looking to gain one soon. The sessions will include video analysis, irons, driving, pitching and short game drills, as well as on-course management and decision-making. This session will help you consistently score below 100! Contact PGA Professional **Nick Brown**: nick.brown@growinggolf.co.uk / 07905 359039



Short Game Series

The short game holds the key to better scores - say goodbye to wasted shots and hello to more consistent scoring! PGA Professional Mark Peddar will take members of this group through a series of short game sessions that include escaping the bunker first time, controlling your distances, striking your chips, and lowering your putting stats. This roll-up group will involve practise on the range and golf course. Range balls, equipment (if required) and tea/coffee afterwards is included in the price! Contact PGA Professional **Mark Peddar**: mark.peddar@growinggolf.co.uk / 07858 429397



Golf Express

Why not play golf, have fun and enjoy some on-course experience - all in one day! PGA Professional Julian Reason is hosting a number of Golf Express days which will include PGA tuition, unlimited practise balls, hire of clubs if required, video analysis, trackman data, and green fees. **Only £99 per person**, limited to a maximum of 8 people. Contact PGA Professional **Julian Reason**: julian.reason@growinggolf.co.uk / 07771 736422



Swing By Numbers

Come and enjoy a session on Trackman Technology! Held on the first and last Friday of every month, Julian's session will give you the tools to jump ahead - helping you to increase your distance, understand your golf swing, and track how far you hit your clubs! Trackman Technology includes ground-breaking club and ball tracking golf radar systems and the best performance-enhancing software available in the industry today. This 2-hour session costs only £25.00 per person and is limited to a maximum of 6 people. Contact PGA Professional **Julian Reason**: julian.reason@growinggolf.co.uk / 07771 736422

